SREE NAMAMRITA

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INTRODUCTION

Anyone can feel spiritual happiness through chanting the Harinam that is -

Hare Krishna Hare Krishna.

Krishna Krishna Hare Hare

Hare Rama Hare Rama

Rama Rama Hare Hare

This is why the founder acharya of ISKCON said:Chant and be happy. Because through chanting of the above mahamantra we can recover our lost spiritual energy. We have ten material senses. Five are workable senses; five knowledgeable senses and above these ten senses there is a super sense which is called mind. The last sense controls the above ten senses.Prabhupada said that the sound and vibration of Hare Krishna Mahamantra can easily dominate on these lower senses. And as such it would be easy for a man to enter into the spiritual world.

MEANING OF KRISHNANAMA

The simple meaning of Krishnama is attracting all living entities. Because the Supreme Personality of Godhead Krishna attracts all. This indicates the simple meaning of the name Krishna.

ETYMOLOGY OF THE WORD KRISHNA

The word Krishna has two parts:Krish and na.Krish word denotes the memorial existence of the Supreme Personality of God. On the otherhand, the word 'na' indicates spiritual happiness. According to the founder Acharya of ISKCON Srila Praphupada the word 'Krish' means a verb and the word 'na' is an affix. Thus the whole word Krishna indicates the absolute truth (supreme personality of Godhead) which saves the life of all entities through His blessings. In other words, He saves all living entities from the cycle of births and deaths. In addition to all the above, the term 'Krish' mean the existence of supreme personality of God head who attracts all the living entities and His joys or grace. (Mahabharata, Ud 14.8.10)

MEANING OF THE WORD RAMA

The word Rama means the spiritual enjoyments. The real jugis really get real spiritual enjoyment. How? The answer is given by Srila Prabhupada, the founder Acharya of ISKCON. He said: "Ramante Jogina Namatile, Jagio get infinite happiness through meditation (on Krishna). The real happiness lies in this enjoyment. Real happiness comes from this and that is spiritual, not material. In otherwords by the word Rama we mean real happiness which can be attained through devotional life. This is the real meaning of the word Rama. Again to the founder Acharya of ISKCON A.C. Bhakti Vedanta Swami Prabhupada, in a discussion with his disciples, said that the word Rama means real happiness . If one indicates the word Rama means the son of Dasharatha, the King of Ayudhya, he is not also wrong in one sense.

MEANING OF THE WORD HARE

By the term Hare we mean the eternal potency of Krishna Sreemati Radha Rani Herself. Through the Hare Krishna Mahamantra we invite the first internal potency of the supreme personality of godhead. Again Laxmi Devi, Sita Devi are all the Kaya-bhuha (i.e, the shadow part(s) of the original Radha Rani). This is why the Vaisnavas render devotional services to Radha Krishna, Laxmi Narayana and Sita-Rama. In the Madhava Gaudiya Vaisnava Samprodaya, when a devotee chants Hare Krishna Mahamantra he first of all addresses at the inner-potency of Krishna.Hare - means Radha Rani. This means the devotee addresses : O!Radha-Rani! O! Hare, O! the potency of the Supreme Lord.

SPIRITUAL POTENCY ENERGY OF THE WORD RAMA AND KRISHNA

The holy name Rama is equal to 1000 times Vishnu nama. That means if one chant only one time Rama nama he is chanting 1000 times Vishnunama. (Padma Purana Uttarakhanda, Brihat - Vishnu Saoastra Nama Tostra 72.3.35).Krishna has 3 times more potency than that of Rama. This means if one chant only once the name Krishna it means he is chanting 3 times Rama and chanting 3000 times Vishnu nama. Thus whenever we chant mahamantra only one time the holy mantra-

Hare Krishna Hare Krishna

Krishna Krishna Hare Hare

Hare Rama Hare Rama

Rama Rama Hare Hare

We chant 16 times Rama nama and sixteen thousand Vishnu.

IS THE PRANABA OM IS IDENTICAL WITH MAHAMANTRA?

Each Vedic mantra is called Brahma.Because before mantra the term 'Om' is placed on. As for example we can mention here mantra: "O! Nama Bhagavate Vasudevayo" (this mantra was given to Maharaj Dhruva by Narada Muni for initiation). Again the Supreme Personality of Godhead Krishna said: Pranaba Sarba Vedeshu. In all Vedic Mantras, I have been indicated by Pranaba or 'OM' (B.G. 7.8). This is why chanting of the Vedic mantra with the word 'OM' is more or less the same as chanting of Krishna nama directly. There is no difference. But mahamantra includes not only the name of Krishna but also His real energy - Radha Rani also at the same time. In this age of Kaliyuga, Mahaprabhu described the chanting of the holy mahamantra to get rid-off from all material bondages, and getting spiritual happiness and alternately to get final liberation from this material body. Furthermore, this Mahamantra is also recommended in Vrihat Naradia Purana and in Brahmanda Purana. Generally the impersonalist chant the Holy name "O" or "OM" so as to feel or realise Paramatma in their heart. But the devotees are not impersonalist. As such they always devoted to chanting of the holy name of Krishna. And Krishna Himself recommended it.(B.G.9.14.7).